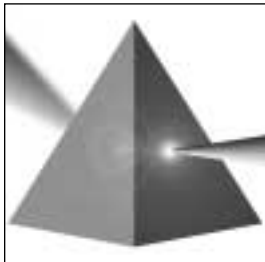


Pride Center News

Winter 2004

Vol. 10, No. 4
Jan 2004
published quarterly



The Pride Center of NJ, Inc.
1048 Livingston Ave.
North Brunswick, NJ 08902

Mailing address:

P.O. Box 5130
New Brunswick, NJ 08903
732.846.2232

info@pridecenter.org
www.pridecenter.org
.....

A 501(c)3 Tax-Exempt
Not-for-Profit
Corporation.

The Pride Center of New Jersey would like to cordially invite you to attend our

2nd Annual Valentine's Day Gala Dinner/Dance

When: Saturday, February 14, 2004
Where: Holiday Inn, 390 Forsgate Drive,
Monroe Township, NJ
Time: 7PM - 1AM

Reservations: \$45 per person. Contact Laura
at 732-238-7535 or send your
check to the Pride Center.
Please respond by February 6th.
Buffet Dinner, Cash Bar, Fabulous Door Prizes,
Dancing & Light Show with Cosmic Entertainment!

Dress to impress!
(Please, no jeans or t-shirts)

Singles Tables!
Meet new people

*Special Overnight
Stay Package:*
\$89.00 plus tax, includes breakfast for
2 Sunday morning. Room reservations
no later than January 24th.
1-609-655-4775. Reference
"Valentine's Day Dinner Dance".

Inside

- 2 Annual Valentine's Day Gala;
New officers and Board
members
- 3 PCNJ 2003 Brunch
- 5 Pride Center Wish List; Pride
Night at the State Theater
- 6 Volunteer Spotlight:
Jeff Negran
- 8 Meetings & Groups
- 11 Center Spotlight:
Women's Coffee House

Gala Sponsors

- Cordials Bed & Breakfast, New Hope, PA
- Dorothy Hanle
- Joan Hervey of 1-888-JHERVEY,
Mortgage Consultant
- Monroe Medical Associates

NEWS & info

from the pride center

Isn't it Romantic?!

Get ready to celebrate with your honey! On Saturday, February 14th, 2004, The Pride Center will host its second annual Valentine's Day Gala at the Holiday Inn in Monroe Township, New Jersey. An evening of food, fun, and dance for the LGBTIQ community, the Gala will feature a DJ light show from Cosmic Entertainment, a dinner buffet, cash bar, and fabulous door prizes. The event runs 7PM to 1AM. Tickets are \$45 per person and must be purchased in advance by sending checks payable to PCNJ at P.O. Box 5130, New Brunswick, NJ 08903, attn: Valentine's Day Gala. For further information about the Gala, please contact Laura Fragapane, the event co-chair, at 732-238-7535.

The Holiday Inn of Monroe Township is located at 390 Forsgate Drive, easily accessible from the New Jersey Turnpike, exit 8A. The hotel is pleased to offer a special discount package for overnight accommodations to party guests. Rooms will be \$89 plus tax, and arrangements must be made two weeks in advance of the event. To make room reservations, call the hotel reservation desk directly at 609-655-4775 and reference the Valentine's Day Dinner Dance.

PCNJ Welcomes New Officers and Board Members for 2004

The Board of Trustees of PCNJ is proud to announce that Sally Nadler has been elected President of the Board for 2004. Sally has served on the PCNJ Board for the past two years, leading the Center's fundraising and strategic planning efforts. She is a PSE&G professional, has been very active in her company's diversity and workplace equality initiatives, and is a member of Out & Equal. Sally is a Highland Park native and graduate of Rutgers University. She is committed to leading the ongoing strategic growth of PCNJ.



Sally



Laura



Tim

Laura Fragapane has been elected Vice President. Laura's name should be very familiar to our readers, as Laura has developed, coordinated, and/or run just about every PCNJ social event for the past two years. A tireless worker and true people-person, Laura works for Saint Peter's University Hospital assisting geriatric patients. She is committed

The Pride Center of New Jersey, Inc.

Serving New Jersey's Gay, Lesbian, Bisexual and Transgendered Community.
A 501(c)3 Tax-Exempt Not-for-Profit Corporation.

Mission Statement

The Pride Center of New Jersey provides a "safe space" for gay men, lesbians, bisexuals and transgenders (GLBT) where programs, services and education are provided to the GLBT community in order to empower individuals to accept their gender and sexual identity, as well as increase public awareness and lessen prejudice through education and outreach.

The *Pride Center News* is a free quarterly publication.

ADVERTISING RATES: A business card ad is \$20 per issue. Ad rates are determined by how many "business card spaces" (3.5" x 2") an ad takes up on one letter-size page and is multiplied by \$20. A full-page ad (10 "business card spaces") is \$200.

to bringing people together in the LGBTIQ community.

Timothy Healey will continue in his role as Board Secretary. Tim hails from the financial services community and joined the PCNJ Board one year ago. Tim is also active with the PCNJ programming committee and serves as co-chair of this year's Valentine's Day Gala.

We are pleased to welcome two PCNJ volunteers to the Board of Trustees: Wendy Bromfeld and Jennifer Horsey. Wendy has assisted the Center in numerous capacities, including managing an evening shift at the Center. Jennifer runs the Women's Coffee House, the NJBiWomen Support Group, and is also an organizer for Central Jersey Lesbian Alliance.

Best wishes and very special thanks are extended to our outgoing Trustees Jules Huang, Ray Johnson, and Greg Sobol. They will be greatly missed!

Applications to serve on the PCNJ Board of Trustees are still being accepted at this time, and individuals with a background in mental health fields, social work, non-profit management, fundraising, or marketing are strongly encouraged to apply. Letters of interest, including qualifications and/or a resume, should be submitted to the attention of Tim Healey care of PCNJ.

Men's Peer Support Group—New! For Men of All Ages!

A new group for men will be meeting on the second and fourth Mondays at the Pride Center, beginning January 12, 2004. This peer support group—open to men who are gay, bisexual, or questioning—will meet to discuss a variety of topics. Start time: 7PM. Call PCNJ for further information.

Women's Singles Event—Sat. January 17

Ladies, come out and dance to Music by Nicole, the accomplished musician and entertainer enjoyed at *Clubfest* and other Pride events. The dance will be held at the Unitarian Society Church located at 176 Tices Lane in East Brunswick. Doors will open at 7:45PM. Cost: \$10 per person. Refreshments served.

Special Honorees At PCNJ Brunch

Ray Johnson Founders Award initiated

On November 9th, friends and volunteers of PCNJ gathered for a relaxing afternoon brunch, generously sponsored by Fleet Bank, at Sophie's Bistro in Somerset. The PCNJ Annual Brunch is our way of celebrating another year in the life of our community center, and thanking everyone who makes that possible. All of PCNJ's volunteers were recognized for their commitment and contributions over the past 12 months. Harold Goldenberg, a former PCNJ board member who has served as the Center's librarian and Tuesday volunteer for many years,

Hours By Appointment



Andrea Skolnick, A.C.S.W., L.C.S.W.
Licensed Psychotherapist
Individual and Family Therapy

2-20 Towne Centre Drive
North Brunswick, NJ 08902 (732) 821-0208



white lotus home
handmade futons and fine furnishings
since 1981


202 nassau st. princeton, nj 191 hamilton st. new brunswick, nj
609.497.1000 www.whitelotus.net 732.828.2111



Marsha N. Shapiro, ACSW, LCSW
Psychotherapist
Board Certified Diplomate

individual • couple • family • group therapy
community education • staff training

Offices in North Brunswick and Toms River
(732) 473-1344



INSTITUTE FOR PERSONAL GROWTH

CARING FOR OUR DIVERSE COMMUNITY SINCE 1983
COUNSELING AND PSYCHOTHERAPY
LOCATIONS IN HIGHLAND PARK, JERSEY CITY AND FREEHOLD
INSURANCE/MANAGED CARE/SLIDING SCALE
MARGARET NICHOLS, PH.D. FOUNDER/

8 SOUTH THIRD AVE HIGHLAND PARK NJ 08904
(800)379-9220 (732)246-8439 FAX(732)246-8081

JUDITH M. GLASSGOLD, Psy.D.
 Licensed Psychologist

Affirmative Psychotherapy

324 Raritan Avenue Highland Park, NJ 08904
 732-777-9377
 dzglassgold@yahoo.com
 NJ Lic: 5000871
 Health Insurance Accepted

was presented with the Dedicated Service Award in recognition of his exceptional contribution to PCNJ.



A special tribute was then paid to Ray Johnson, a founding member of PCNJ ten years ago, who has continued to serve in various leadership capacities ever since, overseeing the official opening of the Center in 1994, the formal incorporation of the organization, and the move to the Center's new facility in 2001. Ray was presented with the inaugural Founders Award, which will henceforth be called the Ray Johnson Founders Award for individuals who have made outstanding contributions of time or support to PCNJ. Congratulations to Ray and Harold both!

Once again, thank you to all of our volunteers and supporters. Please plan to join us for our next brunch in Fall 2004.

Protect and preserve the life you've built together.

Every day our community wins new rights. To protect those rights for you and the ones you love, look to Singer & Fedun for expert legal counsel. We specialize in the issues that shape your life, including estate and life planning, adoption and beyond.

Singer & Fedun LLC
 ATTORNEYS AT LAW

William S. Singer
 908-359-7873

Singer & Fedun, LLC
 Montgomery Professional Building
 1110 Route 204
 PO Box 134
 Belle Mead, NJ 08801

In a HETEROSEXUAL marriage . . . and LESBIAN!

The Pride Center announces the launching of a Support Group for Lesbian/Bisexual Women who are in Heterosexual Marriages. Group meetings will be held the third Wednesday of each month at 7:30PM.

The mission of the group is to provide support and encouragement to its members through group discussion pertaining to such issues as marriage, family and sexual identity. Married women in the process of facing one's sexual identity may often experience such feelings as loneliness, guilt, shame and depression. The goal of this group is to help ease member's experiences when dealing with concerns including: how to come out to family and friends; whether or not to move from married life to lesbian life; how to deal with lesbian dating; how to cope with the break-up of a relationship; how to work towards independence, both emotionally and financially; and more.

Each month's discussion will be facilitated by one or more group members, with the facilitator helping to provide a safe, non-judgmental environment conducive to providing and receiving support. Confidentiality remains of utmost importance.

The next meetings will be held on January 21 and February 18. More dates to be announced. All meetings begin promptly at 7:30PM.

Triangle BEHAVIORAL HEALTH ASSOCIATES

Providing Individual, Couples and Group Therapy for Lesbians, Gay Men, Bisexuals and their Families

- Sexual Behavior Concerns
- Depression/Anxiety
- HIV/AIDS Care/Assessment
- Trauma & Sexual Abuse
- Married Lesbians and Gay Men

Group Counseling: Ongoing Group Therapy for Lesbians and Gay Men

(a Subsidiary of) **Associates in Psychological Services, P.A.**

Theresa W. Hawk, LSW, NJ LIC# 20204
 Laura S. Bennett, LSW, NJ LIC# 204894
 Patricia Lewis, LSW, NJ LIC# 202556

908 526 1177
 25 N. Doughty Ave. • Somerville, NJ 08876

Pride Center Wish List

The Pride Center is in need of the following: a laptop computer, a CPU (Pentium III or newer model), office supplies, small file cabinets, bookcase, paper plates and other kitchen supplies, coffee, tea bags, tent for tabling, table cloths, photocopy machine, folding tables and chairs, a fax machine, copy paper, soft drinks, storage tubs, and coolers. Your donations are greatly appreciated! Please contact Ellen at The Pride Center to make a donation of goods.

Wanted: Shift Volunteers! Activity Volunteers!

Interested in giving some time back to your community? Looking to meet new people? Here's how to do that! PCNJ is in need of shift volunteers to help answer our information line, and greet and assist visitors at the Center. A variety of shifts are available with an emphasis on 7PM to 10PM. For more information, contact Ellen at 732-846-2232.

We are also looking for a few good men and women to help develop and run social activities at the Center. Dances! Socials! Coffee Houses! Bingo! Get your party hats on and call Laura at 732- 238-7535 to find out how you can help.

An Appeal from the Librarian

Many books are missing from our library. Our library is here to serve everyone in the LGBTIQ community, so please check your books. If any are from The Pride Center, please return them so that others may enjoy them.

Pride Night at the State Theatre, A Benefit for PCNJ

Les Ballets Trockadero de Monte Carlo
Saturday, February 21, 2004, 8PM.

Dancing the fine line between high art and high camp, the "Trocks" delight audiences by parodying classical works from *Swan Lake* to *Giselle*. But don't let the visual spectacle of men in tutus, makeup, and pointe shoes distract you. These are acclaimed dancers with well-honed ballet skills. Whether you come for the laughs, the athletic grace, the program, or all of the above, it's clear that this is one evening of ballet that's not to be missed. A special Pride reception will be held for the LGBTIQ community following the show. Tickets may be purchased for the special group rate of \$34 (regularly \$38) by contacting Heidi at 732-247-7200, ext 589. Don't miss this night of campy fun!

Annamarie Agosta, MSW, LCSW



Holistic Psychotherapy
for Individuals, Couples & Families



15 Clyde Road, Suite 109
Somerset, New Jersey 08873
(732) 873-8738



Ducki Contreras
732-565-0234

DUCKORATORS

Home Improvements

"For the Best Nest in Town"

Handy Work Custom Renovations
Garden & Yard Design

Eileen M. Shrem, CLTC, RHU, LUTCF

215 McCabe Avenue - Suite C1
Bradley Beach, NJ 07720

732.988.7256
732.988.3009 Fax

www.your-friend-in-insurance.com
emshrem@your-friend-in-insurance.com

Licensed in NJ, NY, PA

For all your
insurance
needs now
and for the
future...

Beartland T. Chan

Attorney at Law



34 Maple Street
Summit, New Jersey 07901
(908) 277-3787 phone
(908) 277-0871 fax

We specialize in:

- Immigration: U.S. Permanent Residence Through Marriage, Family Relationship, H-1, Labor Certification, Business Investment Adjustment of Status, Naturalization
- Business Contracts
- Criminal, Motor Vehicle Defenses
- Real Estate Closings
- Divorce, Custody, Adoption: Foreign & Domestic

Evening and weekend appointments available

Volunteer Spotlight

Getting to Know Jeff Negran, PCNJ's WEB Correspondent



Jeff takes his PCNJ responsibilities seriously!

"There are a lot of folks out there in need of the services that The Pride Center provides—more than you may think—and every bit of effort counts. You will get back ten-fold what you give."

What do you do as a WEB Correspondent?

I answer the dozens of requests for information that come to us daily through our website (pridecenter.org). Questions can be as simple as "What time does such-and-such group meet?" to the more complex requests for solutions to gay teen suicidal behavior from teachers, parents and counselors around New Jersey. It can be immensely intense at times.

What inspired you to become a volunteer?

Besides Ray Johnson's headlock (kidding!), I saw how committed the 1998 Board members were to really helping out the local community with programs that addressed a myriad of needs—from AA meetings to Coffee Houses to Outdoor Adventure Events to Coming Out Support groups. It seemed to me to be a very worthwhile investment of my time. Given that I was completely out at the time, I figured if I could somehow help to make even a small positive difference in the lives of my fellow g/l/b/t New Jerseyans, volunteering would be worth every second.

My partner, Dan, and I also helped The Center itself on a few occasions—in the old building on Livingston Avenue, we built a side window for the volunteer booth so volunteers at the desk could see people as they entered The Center. It was a full-weekend event for us, but we finished that project with a great sense of pride. We also helped move the Center from the old location to the new one with the aid of our Ford Truck. "Built Tough," as they say, to move sofas, loveseats, and filing cabinets!

As a PCNJ Volunteer, what do you find most rewarding?

I think the feedback I get from the e-mails to which I respond daily give me the greatest sense that I'm doing something positive. Recently, a teacher e-mailed the Center and explained that one of her students recently came out

to her and was in peril because he didn't know what to do now that he had openly admitted to someone that he was gay. She was gravely concerned that he get the support and attention he needed and was desperate to assist him in anyway she could, so she turned to us. I spent a while researching some options for her (and him) and sent her back a laundry list of local activities, support groups (GALY), local therapists (if needed), links to gay teen websites, the number and web address for PFLAG, as well as other contacts and services I found. She responded gratefully and whole-heartedly a few days later thanking me for providing all that information and was now working with her student to help him move on to the next level. As a volunteer, it really doesn't get any better than that!

Tell us about you!

I've been a graphic designer since 1987, having graduated Rutgers with a BA in Sociology and Music. Logical progression, right? I am a fierce Macintosh loyalist, which is also one of my hobbies (I take them apart to see how far I can go before I break something). I work for a small ad agency in Somerset and do everything from design to copywriting to managing clients and accounts to web design—many hats, as it were! My partner Dan and I have been together for almost 13 years and own a 200 year old house in New Brunswick. This keeps us very, very, VERY busy! Our newly remodeled kitchen was featured in Design NJ magazine this year, which was a highlight. In the past we've used the house for PCNJ volunteer appreciation parties—as usual, always happy to help out! I have a dog (Zeus) that doesn't know how to stop barking and two cats that have discovered that new furniture really beats a scratching post, hands down!

Are You Between 16 and 25? Have you come out to your parents?

If so, we want to speak to you and your parent(s)...

*...Participate in Rutgers University research
exploring the impacts of coming out on
parent-child mental health and relationships.*

- Voluntary and confidential interview
- Your information will help other families and the mental health professionals who assist them.
- Latino and African American families are urged to apply

\$40 PAID FOR COMPLETING INTERVIEWS

**Please contact Michael La Sala, Ph.d. at (732) 910-9901
or mlasala@rci.rutgers.edu for details.**

Research approved for human subjects by Rutgers University Institutional Review Board.



meetings & groups

at the pride center

African Asian Latina Lesbians United

Discussions focusing on health, educational, political, economical, social, and emotional issues.
Fourth Thursdays, 7:30PM

Al-Anon

Fridays, 7PM

BiZone

Open to all bisexual, bicurious, and bifriendly people and their partners. For full schedule of events, check website at www.bizone.org.
Planning meeting, first Wednesdays, 7:30PM

Center Outreach

Third Tuesdays, 7:30PM

GALY

First, second & third Saturdays, 2PM
Social support network of adult volunteers and young people aged 16-21.

Game Night

An opportunity to bring your favorite game and meet others in a fun environment.
Third Tuesdays, 7:30PM

GRAANJ — Gender Rights Advocacy Association of NJ

An advocacy group committed to securing full civil rights for transgender, intersex and people of non-stereotypical gender identity and expression.
First Sundays, 1PM

HIV Testing

Call 732-235-7114 for an appointment. Conducted at The Pride Center by UMDNJ staff.
First & third Thursdays, 4:30-6:15PM

Lesbians and BiWomen in Heterosexual Marriages

To offer the group members the necessary support and encouragement in order to remain in their present situation or change their present situation.
Third Wednesdays, 7:30PM

Lesbians & Gay Men of New Brunswick

Social, educational, rap, potlucks, for everyone.
Second & fourth Tuesdays, 8PM
E-mail: njrj@aol.com for more info.

Long Yang Club — New Jersey

For gay Asians and Pacific Islanders and their friends.
E-mail: newjersey@longyangclub.org for more info.
Second Saturdays, 7:30PM

Metropolitan Community Church

Services Sunday mornings, 10:30AM, choir practice Mondays, 8PM

Men's Coming Out Group

A moderated discussion group for issues related to coming out as gay or bisexual men. E-mail: njwarrior@aol.com for more info.
Every Wednesday, 7:30PM

Men's Peer Support Group

Open to men who are gay, bisexual, or questioning. Will meet to discuss a variety of topics.
Second and fourth Mondays, 7PM

NJBiWomen

A moderated social/discussion group for issues related to bisexuality and other interests.
First Tuesdays, 7:30-9PM

NJ Education Association—LGB Caucus

A group for New Jersey's gay educators.
Meets one Friday per month during school year.
Call us to confirm meeting time, or see our website calendar.

NJRAD

New Jersey Rainbow Alliance of the Deaf.
Meets quarterly. Next meeting March 20, 7PM.

Open Mic Night

Share your original music, poetry, or stories with a warm, friendly, and very diverse audience. Everyone is welcome—listeners and sharers alike.
Third Fridays, 8PM

OWLs — Older Wilder Lesbians

Group of mature lesbians who meet to socialize, plan group outings, and have fun.
Third Fridays, 7:30PM

Pride Center Youth Drop-In

Drop-In day for LGBTIQ youth and their allies for youth 17 and under. Fourth Saturdays, 1PM.

Republican Lesbians

Open to all declared and undeclared Republican Lesbians. It is a safe space to share with others of like mind and experience.
First Mondays, 7:30PM

South Asian Lesbian & Gay Association (SALGA)

A group for South Asians to freely discuss their experiences as glbt and glbt-questioning individuals.
Third Saturdays, 4:30PM

Strategy Game Group

Bring your favorite strategic game. Games planned ahead of time. For time and location, e-mail strangertfiction@yahoo.com or leave a message at Center for Arthur, Groups Coordinator.
Once per month, varying Saturdays, 2PM

Team NJ

Gives New Jersey's athletes and recreationalists an organization that helps build sportsmanship, competition and team spirit through various activities: softball, volleyball, bowling, inline skating, swimming, hiking, tennis, running, biking and social activities.
Third Thursdays, 7:30PM

Together We Can

Open discussion group for persons dealing with emotional, mental and addictive problems.
Tuesdays, 7PM

Under the Rainbow

Discussion/social group for the 18 to 25 year-old gay and lesbian population.
Second & fourth Wednesdays, 7PM

Women's Coffee House

First Saturdays, 7:30PM.

Womyn's In/Out and About Group

Second and fourth Tuesdays, 7:30PM

Women's Peer Support Group

Social & support group for women
Second & fourth Thursdays, 7:30PM

WE CAN HELP!

Caring and Helpful Support that
Recognizes the Strength and
Complexity of the Lesbian
and Gay Experience

- Individual, Couple, and Family
- Depression, Anxiety, Grief
- Couples Communication, Intimacy, Isolation
- Parenting, Coparenting
- Addictions; Sex Love, Alcohol, Spending
- ACOA; Codependency, Eating Disorders
- Incest, Partners of Survivors

ALTERNATIVE ▼ APPROACH

Counseling and Psychotherapy Associates

CALL TODAY! GET ACQUAINTED.

973-736-8785

50 Church Street, Montclair, NJ 07042
Convenient offices also located in Millburn, NJ
Most Insurance Accepted. Affordable Rates.

NJ Lic. No. PC01910

732-545-2844

David Rogoff, MS, LPC
Psychotherapy

Anxiety ~ Grief & Loss ~ Depression
Trauma Recovery ~ Health Crisis

24 North Third Avenue, Suite 202
Highland Park, NJ 08904



Dog-Gone Spoiled
FLC in the comfort of your home
Call Laura at 732-238-7535

seanhayesDESIGN

website development
business identity
marketing materials
copywriting



shD is a small studio,
where the service is personal
and the product distinctive.

609 924-3200
www.seanhayesdesign.com



M. Eric Donlan
Realtor-Associate ®
Mobile: 908.500.0002
Home office: 732.249.8665
E Mail: EricDonlan @ Aol.com

MW Laureate
Preferred Properties, LLC
622 Barlow Avenue
Highland Park, NJ 08904
Business: 732.985.5444 x.26
Fax: 732.985.5276

"If your home isn't becoming to you,
You should be coming to me!"

Residential/Commercial

ROBIN T. WERNIK, ESQ.



Granata, Wernik & Zaccardi
Attorneys at Law
210 Main Street • P.O. Box 389
Matawan, New Jersey 07747
(732) 583-3636 • Fax (732) 583-8940

KEVIN P. SUSKO, PC
Certified Public Accountant

- TAX PLANNING & PREPARATION
- FINANCIAL PLANNING
- ACCOUNTING SERVICES
- DAY & EVENING APPOINTMENTS
- OFFICES IN NEW JERSEY & NYC

Phone: 973-376-4121
P.O. Box 701
Short Hills, NJ 07078
E-Mail: KPSCPA@AOL.com

Monroe Medical Associates

Dr. Raul Valcarcel
Dr. Evelyn E. Enecio

We Specialize in your health

At Monroe Medical our Experienced,
Trained, Caring Physicians and Staff
Provide Convenient Healthcare.

- Internist - Adults 17 years & older
- Same day appointments
- Early morning & evening hours available
- Routine Physicals
- Lung Function Testing - EKG - GYN
- Drug Screening - Laboratory Testing

Most Insurance Plans Accepted

Se Habla Español

609-918-0330
685 Avon Drive (Route 33)
East Windsor



www.myhealth.com/Raul_Valcarcel
www.myhealth.com/Evelyn_Enecio

**HANDY
MAXX**

*Your Friendly Man-about-the-House
in Central New Jersey*

UPDATING DECOR PAINTING TRIM WORK
WALLPAPER SMALL REPAIRS

DAN DAVIS
732-545-4722

MAXXGROUP@AOL.COM

**A Support Group for
Lesbians with Cancer**

This support group for lesbians, bisexual or transgendered women with cancer and their partners was created to help improve education, promote mutual problem solving and facilitate sharing.

These monthly meetings are run by licensed clinical social workers. For more information, please contact Ellen Levine at 908/245-6781 or at lel@lesl.com. Strict confidentiality will be respected.



100 Cook College Blvd. New Brunswick, NJ 08901-2000



◆◆◆◆◆
COMPETITIVE CASKETS, INC.
www.competitivecaskets.com

221 Dayton Ave., Botany Village Square
Clifton, NJ 07011

Phone: (973) 772-0188 • Fax: (973) 772-6096
24-Hour Service - 1-866-211-6236

Funeral Homes MUST Accept Our Caskets
Pet Caskets • Pet Urns • Urns

George J. Silva, President



Bunker Hill Consultation Center

Serving the Mental Health Needs of the
Community Since 1985

Complete Range of Confidential Services by
Licensed Professionals

Most Insurance, Managed Care
& HMO Plans are Accepted

Sliding Scale Available

Bunker Hill Consultation Center

7 Three Acre Lane
Princeton, NJ 08540
(800) 440-BHCC
(800) 440-2422

www.bunkerhillcc.com

Center Spotlight

Women's Coffee House



Let's see a raise of hands...does anyone remember our "Coffee Talk" column published last summer that enlightened everyone about the exciting changes within Women's Coffee House (WCH)? [Hint: see page 2.] The five coordinators—Mary Beth Holman, Wendy Cioffi, Lorraine Pohorley, Anita Whelan, Peggy Baker—who founded the monthly comfortable gathering in 2000 have handed the significant responsibilities over to Ms. Jennifer Horsey, a hard-working volunteer since January 2002.

Working with fifteen other volunteers, Jennifer coordinates volunteer activities and books all the performers. It is unquestionably a paramount role as it requires exceptional organizational and management skills. Although the Coffee House meets once a month, she must run the group as if it were a Broadway show production, continuously keeping pace with active and demanding schedules. Past performers, rather a spectrum of singers, musicians, speakers, comedians and therapists, included Nicole D'Angelo, Third Law of Motion, Jen Corliss, Marilyn Galfin, Charlene Levy, Jam & Eggs and Cathy Cummings. In addition, the activities range from bingo to karaoke to picnics to sports games, as well as yes, dancing at the Den.

In a very casual atmosphere, WCH provides good coffee and friendly people. Jennifer recounted "My favorite coffee house was the night when my sister Anna and her boyfriend Bill came and performed for the crowd, as the scheduled entertainment for the night. My mother Kate and Anna's friend Jessie came in from New York and a wonderful time was had by all. It was the first time that

any of my family members had attended a LGBTI event, and it was a very special night for me and for them, as well." Everyone, as you can see, your third cousins visiting from Wyoming will receive a warm welcome from the folks at WCH.

All this fun, though, has a serious purpose. Prior to WCH, women in our community did not really have a safe haven. "We aim to offer women who have no other outlet a safe and enjoyable space where they can meet and socialize with other women while listening to great music and enjoying great coffee," Jennifer articulated. "I've just become involved this past summer but the ambition has been strong for four years."

Even with the short time frame, Jennifer offers wise advice to current and prospective group leaders. "In order to not get overwhelmed, break events down into small jobs and assign a volunteer to each job. Be proactive and think about any possible problem or issue that you may have to deal with. Don't be afraid to ask for help." With that in mind, Jennifer, who works as an Administrative Associate at The CIT Group and loves the outdoors, especially skiing, hopes to "bring in fabulous performers for WCH, and The Pride Center, to get a reputation in the area for promoting great new lesbian and lesbian-friendly talents in North Brunswick."

Women's Coffee House is an amiable community of friends and acquaintances. It meets every first Saturday of the month, 7PM to 10PM, at The Pride Center. So, what are you waiting for? Oh, and bring your cousins.

Community Phone Numbers

PRIDE CENTER of NJ 732-846-2232
 Dignity/Metro 973-857-4040
 Dignity/New Brunswick 732-254-7942
 GAAMC (Morris County)/GALY 973-285-1595
 Gay People of Princeton 609-924-7322
 Havurah 732-650-1010
 Hyacinth AIDS Foundation 800-433-0254
 Jersey Pride, Inc 732-21 GAYNJ
 Lambda Families of NJ 973-763-8511
 Lavender Express 201-235-0585
 LEAGUE-AT&T 973-644-7904
 Lesbian Domestic Abuse Helpline 800-224-0211
 Lesbians & Gay Men of New Brunswick 732-247-0515
 Long Yang Club 732-247-0515

Metropolitan Community Church/CTL 732-846-8227
 NAMES Project-Central NJ 732-249-3933
 NJ Buddies 201-489-2900
 NJCRI 973-483-3444
 NJEA Lesbian, Gay, Bisexual Caucus 609-448-5215
 NJLGC /PLF 732-828-6772
 NJWAN 732-846-4462
 Ocean Co. Senior G/L Support Group 800- 621-0096
 Our Quarterly 201-893-0455
 Outbike 973-748-9368
 P-FLAG North Jersey 973-267-8414
 Princeton LGB Alliance 609-258-4522
 Rutgers G/L/B Hotline 908-932-7886
 The OASIS 973-430-9909
 Women Helping Women 732-549-6000

Board Members & Staff

Ellen J. Gilio Executive Director
 Sally Nadler President
 Laura Fragapane Vice-President
 Timothy Healey Secretary
 Wendy Bromfeld Trustee
 Benjamin Dineen Trustee
 Anne Freid-Lefton Trustee
 Darren Garansi Trustee
 Wendy Hall Trustee
 Jennifer Horsey Women's Coffee House Coordinator, Trustee
 Joe Perry Trustee
 John Thompson Trustee
 Mark Tihasek Trustee
 Anne Volz Trustee
 Roger Dormann Newsletter Designer/Editor
 Harold Goldenberg Office Manager, Supplies, Library
 Allison Good Membership/Mailing
 Ray Johnson E-News Bulletins
 Debbie Li Newsletter Writer
 Arthur Merchant Groups
 Jeff Negran Correspondence, Graphics
 Darren Nye Web Designer



Pride Center of New Jersey

1048 Livingston Avenue • North Brunswick, NJ 08902 • 732-846-2232 • info@pridecenter.org

We're a nonprofit 501(c)3 organization, which means that your donations are tax deductible. Whatever you can afford to donate, your support and generosity are greatly appreciated. Making an annual contribution in one of the following amounts will qualify you as a Member of The Pride Center:

- General**\$35: Entitles member to four newsletter mailings annually and discounts at select special events.
- Family**\$50: General membership benefits for one household.
- Silver**\$100: General membership benefits and one "Silver" admission discount to PCNJ membership brunch.
- Gold**\$250: General membership benefits, two "Gold" admission discounts to PCNJ membership brunch, listing as donor in newsletter's annual donor listing.
- Platinum**\$500: Gold membership benefits with donor's name engraved on Center's Platinum donor plaque.
- Benefactor**\$1,000: Gold membership benefits, invitation to special Pride Center reception, and name engraved on Benefactor donor plaque.
- Special**\$10: General membership benefits reserved for students, senior citizens, and those with limited financial ability.

Gifts are tax deductible to the extent allowed by law.

Individual donations make YOUR Community Center possible.

Name _____ Address _____
 City _____ State _____ ZIP _____ Phone _____
 E-mail Address _____
 Credit Card Type Visa MasterCard Amex • Credit Card Number _____ Exp. Date _____
 Signature _____ Contact me about volunteering my time or services

\$35 (General)___ \$50 (Family)___ \$100 (Silver)___ \$250 (Gold)___ \$500 (Platinum)___ \$1000 (Benefactor)___
 \$_____ (other) Additional donation to Building Fund \$_____ Donation: \$10 (Special)___

Suggested annual donation is \$35. Donations of \$500 or more appear on The Center plaque. Please make checks payable to:

Please do not send me any of the membership benefits.

The Pride Center of NJ, Inc. and send to P.O. Box 5130, New Brunswick, NJ 08903.